

Workshop

Sports taping

Sports taping is an important skill for coaches, trainers, administrators, teachers, parents and players involved in sport.

This sports taping workshop is run by an experienced presenter who is ready to help you develop your skills, knowledge and ensure you stay safe in the sporting arena. Correct sports taping can help prevent injury and also help with injury rehabilitation.

Elasto Strapsmart

This level one sports taping workshop offers the beginner technical and practical advice about strapping athletes. Ankles, fingers and thumbs are covered in this workshop.

Advanced sports taping

Level two is an advanced workshop aimed at providing participants with extensive knowledge of sports taping and the prevention of injuries. The workshop covers shoulders, knee, foot, shin and elbow injuries. Prerequisite: Elasto Strapsmart course.

Upcoming workshops Cost per workshop is **\$60**. Bring pens and paper and wear comfortable casual clothing.

Town	Elasto Strapsmart	Advanced Taping	Venue
Daceyville	Tuesday 22 January 6pm – 9pm	Tuesday 29 January 6pm – 9pm	Eastern Suburbs PCYC 26A Bunnerong Road
North Narrabeen	Wednesday 13 February 6pm – 9pm	Wednesday 20 February 6pm – 9pm	Surf Life Saving NSW Sydney Academy of Sport Wakehurst Parkway
Hornsby	Monday 10 March 6.30pm – 9.30pm	Monday 17 March 6.30pm – 9.30pm	Hornsby PCYC 94 George Street

Supported by



For more details phone **13 13 02**
www.dsr.nsw.gov.au



Sports taping workshops

Elastoplast Strapsmart/Advanced sports taping

Enrolment information

Name		Date of birth	<input type="checkbox"/> Male <input type="checkbox"/> Female
<input type="text"/>		<input type="text"/> / <input type="text"/> / <input type="text"/>	
Address		Email	
<input type="text"/>		<input type="text"/>	
Postcode			
Home phone	Work phone	Mobile phone	
<input type="text"/>	<input type="text"/>	<input type="text"/>	

Do you have any dietary requirements/medical conditions, allergies or disabilities that may affect your participation in this program?
Please give details.

Please select which courses you will attend Elastoplast Strapsmart Advanced sports taping Both courses

Optional information

To help us serve the community it would be appreciated if you could answer the following questions:

Are you from a culturally-diverse background? (for statistical purposes only)	<input type="checkbox"/> Yes <input type="checkbox"/> No	What programs are you interested in? (Please tick one only)
Are you of Aboriginal or Torres Strait Islander descent? (for statistical purposes only)	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> School holiday activities <input type="checkbox"/> Childrens' camps <input type="checkbox"/> Family camps
How, where and when did you find out about this program?		<input type="checkbox"/> Sports development courses <input type="checkbox"/> Coaching and administration courses
<input type="text"/>		<input type="checkbox"/> Any other ideas?

Payment information

My cheque or money order payable to 'NSW Sport and Recreation' is enclosed OR charge \$ to my credit card: Visa Mastercard

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	Expiry date	<input type="text"/> / <input type="text"/>
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Cardholder name	Signature
<input type="text"/>	<input type="text"/>

Risk waiver

Strike out whichever does not apply:

I wish to attend/I agree to my child's/ward's attendance at the program noted above. In the case of an emergency, I authorise the program staff, where it is impracticable to communicate with me, to arrange for me/ my child/ ward to receive such medical or surgical treatment as may be deemed necessary. I also undertake to pay or reimburse costs which may be incurred for medical attention, ambulance transport and drugs while I am/ my child/ ward is enrolled with the program. I understand that although DASR and its service providers attempt to minimise any risk of personal injury within practical boundaries, accidents do happen and all physical activities carry the risk of personal injury. I acknowledge that there is an inherent risk of personal injury in physical activities that will be undertaken.

Full name Self Parent Guardian (please tick)

Signature	Date
<input type="text"/>	<input type="text"/> / <input type="text"/> / <input type="text"/>

Privacy statement

The NSW Department of the Arts, Sport and Recreation of 6 Figtree Drive, Sydney Olympic Park, NSW 2127 will collect and store the information you provide to enable processing of enrolments for the Sports taping workshops. The information will be provided to instructors of the program and their supervisors, where necessary, and you consent to this disclosure. If you have been asked for information regarding Aboriginal and Torres Strait Islander descent and cultural background, this information is voluntary and is being compiled for statistical purposes only. Any information provided by you will be stored on a database that will only be accessed by authorised personnel and is subject to privacy restrictions. The information will only be used for the purpose for which it was collected. Any information provided by you to the Department can be accessed by you during standard office hours and updated by writing to us or by contacting us on 13 13 02.

Refunds and cancellations

Requests for refunds must be made within seven (7) working days prior to the commencement of the program in which you are enrolled. All requests must be made in writing. All refunds are subject to an administration fee of 20 per cent of the total program fee. Refunds will not be given for partial attendance, nor will make up lessons be provided. Refunds will be paid at the completion of the program. NSW Sport and Recreation reserves the right to cancel any program/s. Every effort will be made to give reasonable notice to those who have enrolled when a program is cancelled. Those enrolled will be given a full refund.

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